

2004-2005 Offense Clips Chart

Clip I. October 16 (2), 17,18,19,20

1. Transition Offense and options
2. Motion Offense
3. Power Series
 - a. Up
 - b. Down
 - c. Reverse
4. Press Offense
5. Inbounds Under – “P” Set
6. Side Out of Bounds
 - a. 421
 - b. 2451

Clip II. October 22, 23, 24, 25, 26

4. 1. Transition Offense
5. 2. Motion Offense
6. 3. 1-4 High Series
4. Zone Offense – Basic & options
5. Power Series – Throwback & options
6. Inbounds Under – “Box” Set

Clip III. October 28, 29, 30, 31, November 1, 2

1. Transition Offense
2. Motion Offense
3. Power Series – new plays
4. 1-4 Series – new plays
5. Zone Offense
 - a. Basic
 - b. 31, 32, 33, 34
6. Press Offense
 - a. Inbounds vs. man at half-court
 - b. Inbounds vs. man at full-court

Clip IV. November 4, 5, 6 (Exhibition Game), 7, 8

1. Transition Offense
2. Motion Offense
3. Power Series
4. 1-4 High Series
5. Zone Offense
6. Inbounds Under – “P” & “Box” Sets
7. Inbounds Under – Zone Plays
8. Side Out of Bounds Plays
9. Press Offense
10. Last second plays – under 5 seconds

Clip V. November 10, 11, 12, 13 (Exhibition Game), 14

1. Transition Offense
2. Motion Offense
3. Man Offenses-“Power” & “1-4 High”
4. Zone Offense- “Basic”
5. Inbounds Under and Side plays
6. Press Offense
7. Last second plays – under 2 seconds
8. Foul line plays
9. Time and score plays

Clip VI. November 16, 17, 18, 19

Review all offenses and prepare for First game

2004-2005 Defensive Clips Chart

Clip I. October 16 (2), 17, 18, 19, 20

**Stance and Footwork
Press**

**Guarding the Ball
Closeouts/Contest
Help Side
Rebounding/Post Defense
Transition
Blitz**

Shell:

**Pass & Hold
Fill & Sink
Cutter Through
Red
No Hands
Cut Throat**

Three Man Series:

**Lock & Trail
Staggered Double
Baseline Cut
Dribble Weave
Triangle**

"43" 2-2-1

"41" 2-3 Zone

Clip II. October 21, 22, 23, 24, 25, 26

Shell:

**Baseline Closeout
Switch/Change
Pull & Kick**

Three Man Series:

**Flex Cut
Flare Screens
Scissor Cut**

**"24 Gold" Shadow Press
"Big Blue"
Switching in Man-to-Man
"X-outs" from Help Side**

Clip III. October 28, 29, 30, 31, November 1, 2

Shell:

**Diamond
4 on 5**

Three Man Series:

**Princeton cuts
Hawks cut
Inbounds Under**

**"22 Gold" Half-court Shadow
"54" 1-2-1-1 Press
"41 A-B-C" Zone Traps
"Down" and "Black" Pick & Roll**

Clip IV. November 4, 5, 6 (Exhibition Game), 7

Shell:

New ideas

Three Man Series:

Opponents Offense

Review Presses and Zone Looks

Clip V. November 9, 10, 11, 12, 13, (Exhibition Game), 13, 14

Defensive Game Situations:

- a. When Ahead
- b. When Behind
- c. Special Situations

Clip VI. November 16, 17, 18, 19

Review all Defensive Situations and prepare for First Game

2004-2005 Special Situations Clips Chart

Clip I. October 16, 17, 18, 19, 20

1. Inbounds Under – “P” Set
2. Side Out of Bounds
 - a. 421
 - b. 2451
3. Free Throw Offense and Defense
4. New Rules
5. Press Offense

Clip II. October 22, 23, 24, 25, 26

1. Inbounds Under- “Box” Set
2. Last 10 seconds plays
 - a. tied
 - b. up 1
 - c. up 2
 - d. up 3
 - e. down 1
- f. down 2
- g. down 3
3. “Down 8, 3:00 to go” scrimmages
4. Inbounds Under defense
 - a. Tracking
 - b. Pre-switching

Clip III. October 28, 29, 20, 31, November 1, 2

1. “Comeback” Games
 - a. How to foul
 - b. Stopping the clock
 - c. Substitutions
 - d. Pressing
 - e. 3-point shots
2. Getting ball inbounds with lead
 - a. Half-court
 - b. Full-court
 - c. Best foul shooters

Clip IV. November 4, 5, 6 (Exhibition Game), 7, 8

1. Half-court press & “scramble” defenses
2. Foul line plays
 - a. Offensive rebound plays
 - b. Intentional miss for 2
 - c. Intentional miss for 3
3. Last 5 seconds plays
 - a. Under
 - b. Side
 - c. Half-court
 - d. Full-court

Clip V. November 10, 11, 12, 13 (Exhibition Game), 14

1. Last 2 seconds plays
 - a. Under
 - b. Side
 - c. Half-court
 - d. Full-court
2. Time and score situations:
 - a. Ahead
 - b. Behind

Clip VI. November 16, 17, 18, 19

Review all Special Situations and prepare for First game